

What do I want from a job?

PE

I want energy, I must win!

'What a buzz from scoring the winning goal'
'superb team effort in the gymnastics' 'we did it, we built a raft and it did not sink'

Physical education is about trying many sports or activities as teams or individuals, getting better, keeping fit and feeling great.

How physical education is used in a job

It helps you if you want a career in the police, fire service or army while your energy and drive can help you do well in many jobs.

Check out what **careers** you may like, but remember they are only ideas!

sports player or coach

leisure centre manager

youth worker

sports presenter

security officer

outdoor activities instructor

physiotherapist

holiday centre worker

royal air force (RAF) officer

grounds person

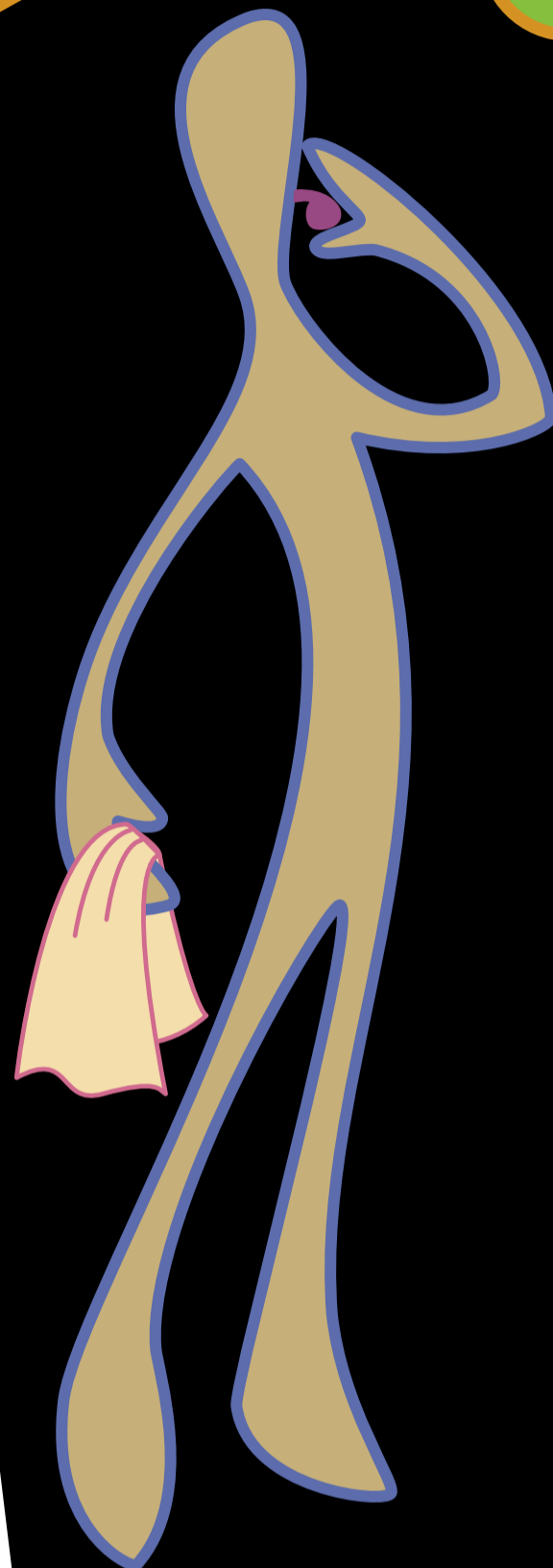
What's next?

Find out how physical education **matches** your career ideas at:
www.connexions-direct.com/jobs4u

Check out what **courses** are available in this subject at:
www.future4me.org.uk

Speak to a **Youth & Connexions personal adviser (PA)** about your career choices. Ask your teachers where they are in your school or college.

Use the **Connexions Careers Resource Pack** found in the careers library to research the jobs you want.



Plus

Are you 16-19?

Find out how you could get up to **£30 a week** at:

www.direct.gov.uk/ema